

Biddeford Nutrition Department

Monday	Tuesday	Wednesday	Thursday	Friday
		Feb - 1 Homemade Mac&Chee Steamed Broccoli Wheat Roll Variety Milk Fruit Cocktail	Feb - 2 Turkey Italian French Fries/Ketchup Variety Milk Mandarin Oranges	Feb - 3 Variety Pizza Fresh Romaine Salad Variety Milk Fresh Grapes Mini WW Choc Chips
Feb - 6 Chicken Nuggets Whipped Potatoes Sweet Yellow Corn Variety Milk Peaches Creamy Pudding	Feb - 7 Grilled Cheese/WW B Creamy Tomato Soup Crackers Variety Milk Pears	Feb - 8 Rotini/Meatballs WW Bread Stick Fresh Spinach Salad Variety Milk Fruit Cocktail Ice Cream Cup	Feb - 9 Ham&Cheese Melt/Bu French Fries/Ketchup Fresh Baby Carrots Variety Milk Applesauce	Feb - 10 Fish Sticks Potato Puffs Cole Slaw Variety Milk Fresh Fruit Rice Krispie Treats
Feb - 13 BBQ Pork Ribs Potato Wedges Steamed Carrots Wheat Roll Variety Milk Pineapple Chunks Sherbet	Feb - 14 Baked Chicken Brst Rice Pilaf Butternut Squash Variety Milk Strawberry Shortcak	Feb - 15 American Chop Suey Fresh Romaine Salad WW Bread Stick Variety Milk Mandarin Oranges	Feb - 16 Variety Pizza French Style Green B Variety Milk Fresh Fruit Jello	Feb - 17 Crunchy Tacos Salsa Spanish Rice Variety Milk Pears Churros
Feb - 20	Feb - 21	Feb - 22	Feb - 23	Feb - 24
Feb - 27 Hamburgers French Fries/Ketchup Green Beans Variety Milk Peaches	Feb - 28 Sandwich Choice Potato Chips Fresh Tossed Salad Variety Milk Fruit Cocktail Creamy Pudding	Feb - 29 Hot Dog on WW Bun Baked White Beans Cole Slaw Variety Milk Pineapple Chunks		

We serve a variety of milk daily: 1%Lowfat White, Skim and 1/2%Chocolate and 1%Strawberry

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.