

# Biddeford Nutrition Department

Biddeford Middle School

Feb 1, 2012

Page 1

Monday	Tuesday	Wednesday	Thursday	Friday
		Feb - 1 Homemade Mac&Chee Steamed Broccoli Wheat Roll Salad/Fruit Bar Variety Milk Fruit Cocktail	Feb - 2 Mary's Meatloaf Potato Wedges Steamed Carrots Buttermilk Biscuits Variety Milk Mandarin Oranges	Feb - 3 Baked White Fish Baked Potato Bar Corn on the Cob Salad/Fruit Bar Variety Milk Pears
Feb - 6 Chicken Nuggets Whipped Potatoes Sweet Yellow Corn Gravy Salad/Fruit Bar Variety Milk Peaches Creamy Pudding	Feb - 7 Quesadillas! Salsa Salad/Fruit Bar Variety Milk Pears Brownies	Feb - 8 Rotini/Meatballs WW Bread Stick Fresh Spinach Salad Salad/Fruit Bar Variety Milk Fruit Cocktail Ice Cream Cup	Feb - 9 Ham&Cheese Melt/Bu French Fries/Ketchup Fresh Baby Carrots Salad/Fruit Bar Variety Milk Applesauce	Feb - 10 Taco Pie Spanish Rice Salad/Fruit Bar Variety Milk Fresh Fruit Rice Krispie Treats
Feb - 13 Pulled Pork/Bun Potato Wedges Steamed Carrots Cornbread Salad/Fruit Bar Variety Milk Pineapple Chunks Sherbet	Feb - 14 Baked Chicken Brst Rice Pilaf Butternut Squash Salad/Fruit Bar Variety Milk Strawberry Shortcak	Feb - 15 American Chop Suey Fresh Romaine Salad WW Bread Stick Salad/Fruit Bar Variety Milk Mandarin Oranges	Feb - 16 Corn Chowder Grilled Cheese/WW B Salad/Fruit Bar Variety Milk Fresh Fruit Jello	Feb - 17 Bosco Chz Sticks Salad/Fruit Bar Variety Milk Pears Churros
Feb - 20 Feb - 27 Baked Potato Bar Buttermilk Biscuits Salad/Fruit Bar Variety Milk Peaches	Feb - 21 Feb - 28 Chick/Broccoli Casser Salad/Fruit Bar WW Bread Stick Variety Milk Pears	Feb - 22 Feb - 29 Hot Dog on WW Bun Baked White Beans Cole Slaw Salad/Fruit Bar Variety Milk Pineapple Chunks	Feb - 23	Feb - 24

We serve a variety of milk daily: 1%Lowfat White, Skim and 1/2%Chocolate and 1%Strawberry

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.