

## GENERAL RULES FOR STUDENTS PARTICIPATING IN ATHLETICS AND IN EXTRA-CURRICULAR ACTIVITIES

### ATHLETICS

- Eligibility:** All athletes must meet academic and social requirements as set by the school and the Maine Principals Association (MPA).
- A student is ineligible for athletics if he/she participates under an assumed name or when he/she attains the age of 20.
- Permission:** All athletes must have a permission form completed by their parent/guardian.
- Physical Exam:** All athletes must have a medical examination before participating.
- Insurance:** All athletes must have insurance coverage before participating.
- Training:** All athletes must abide by the training, participation and disciplinary rules set up by the coach.
- Smoking** Athletes will not smoke during the season of participation. Any infraction will result in one game suspension. Any second infraction will result in dismissal from the team for the remainder of the school year.
- Alcohol and Drugs:** The use of illegal drugs and/or alcohol by a participant will result in:
- a. Application of the Biddeford High School regulations on chemical use and abuse including suspension from the next scheduled game or activity on the *first* incident.
  - b. In the event of a second incident, the participant will be dismissed from the team/activity for the remainder of the school year.
- Dress:** Representing your team, school and community requires that your appearance be neat at all times.
- Hair:** The length of your hair will be such that it will not present a physical hazard.

**Attendance:** The student must be in attendance at school on the day of an activity in order to participate that day.

### **EXTRA-CURRICULAR ACTIVITIES**

**Eligibility:** All students must meet the academic and social requirements as set by the school and the MPA and other appropriate membership rules.

**Participation:** All students must abide by the participation and disciplinary rules set up by the advisor or the activity.

**Alcohol and Drugs:** The use of illegal drugs and/or alcohol by a participant will result in:

- a. Application of the BHS regulation on chemical use and abuse including suspension from the next scheduled game or activity on the *first* incident.
- b. In the event of a second incident, the participant will be dismissed from the team/activity for the remainder of the school year.

**Dress:** Representing your activity, school and community requires that your appearance be neat at all times.

**Attendance:** The student must be in attendance at school on the day of an activity in order to participate on that day.

### **EXTRA-CURRICULAR ACTIVITIES INCLUDING ATHLETICS**

**Eligibility:** A student must carry a minimum of three credits per ranking period.

A student must pass at least two credits if carrying three credits, pass three if carrying four credits, each ranking period in order to be eligible to participate in inter-scholastic athletics during the next ranking period.

Whenever a student's eligibility status is appealed to the Principal, the student will, during the interim, be allowed to practice but not participate in games or scheduled activities.

Summer school or any other means of grade or credit improvement will not affect eligibility. Academic eligibility is determined at the end of each term.

Students may practice while ineligible; but may not travel with the team or club, may not dress in uniform for games, may not play in regular games or stand on the sidelines with the team during games. Coaches are responsible for the implementation of this policy.

Academic eligibility is determined from the date report cards are issued and will last nine consecutive calendar weeks, with the exception of summer vacation.

### **Extra Curricular Activities Including Athletics – Middle School**

**Eligibility:** Sixth, seventh, and eighth grade students failing 2 subjects will be ineligible to participate in extracurricular programs/sports for the next trimester. Seventh and eighth grade athletes will be ineligible on their sixteenth birthday.

Students who are promoted are eligible the following year, regardless of fourth ranking period. All students who repeat a grade are ineligible for the first ranking period.

A student may participate in only one sport per season.

A student who participates in a high school contest is disqualified for the remainder of that season in middle school competition.

Adopted: April 27, 1999

Revised: October 24, 2000, October 9, 2007